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Manitoban engineering
students head to Motor City

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UNIVERSITY OF CHICAGO
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(calmly, coolly avoiding
Trump talk)
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Your essential daily news | TUESDAY, APRIL 25, 2017

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Chicken UP ON YOUR chakra

Whole farm gets in on
the fun and therapeutic
benefits of goat yoga

metroNEWS

CONTRIBUTE/FACEBOOK

Don't lump us with business: Non-profits

CITY HALL

Groups bristle at inclusion in proposed lobbyist registry



**Braeden
Jones**
Metro | Winnipeg

The lobbyist registry city councillors will consider Wednesday may be meant to chase "old school politics" out of city hall, but some say it could chase non-profits away instead.

Molly McCracken, the Manitoba director of the Canadian Centre for Policy Alternatives (CCPA), said "a number of non-profits have shared some concerns" with the registry proposed by Mayor Brian Bowman and supported by the executive policy committee.

Bowman has said it's intended to be a positive step towards accountability, openness and transparency, away from the so-called old school way of doing things.

The registry he's recommended defines a lobbyist as "any individual representing a financial or business interest, or the financial interest of a not-for-profit with paid staff, who communicates outside of standard city process with a councillor or city staff to try

and influence a decision on governmental matters."

McCracken said non-profits "obviously don't want any conflict of interest at city hall," but clarified that "the concern here is non-profits were lumped together with business."

While non-profit and business representatives alike meet with city staff and councillors to lobby for votes or influence policy, McCracken said they aren't often motivated the same way.

"I reject that characterization because non-profits, particularly those with charitable status, are mandated to work in the public's best interest," she said. "We have mandates that are developed under good processes to achieve social and environmental goals.... There's no economic bottom line gain."

She believes the registry extending to the non-profit sector as proposed could discourage cash-strapped non-profits from lobbying the municipal government.

"We're stretched to the max, we just don't want any red tape added to our work," she said, adding that if there had been some consultation, the sector's understanding might be different. "As of now there's no clarity, so there may be a chill from this...."

People may be reluctant to meet with councillors."



NEW SEASON, NEW ROLE Bombers' starting quarterback is in his element metroSPORTS



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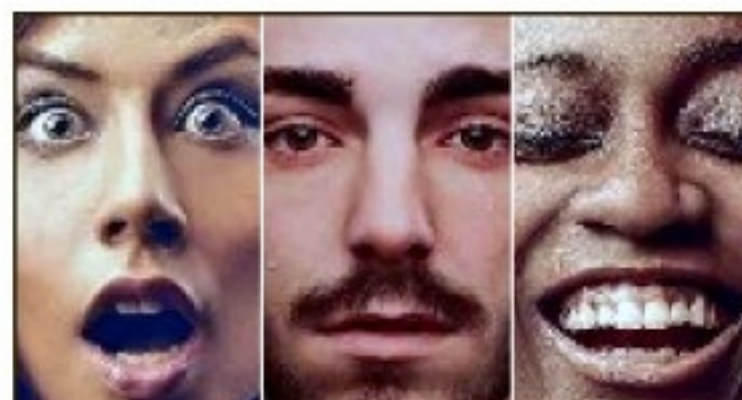
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Activist: Local comedy scene needs more black performers

CULTURE

Black Space's new series aims to celebrate comics of colour



Jessica Botelho-Urbanski
Metro | Winnipeg

Local activists are vying to diversify the city's comedy scene by going "In The Black."

Alexa Potashnik, the founder of Black Space Winnipeg, said she'd like to create a series of comedy shows or open mic nights dedicated to performers of colour. But evaluating the scene in Winnipeg, she realized there weren't many black comedians around.

Having booked Toronto-based comic Gilson Lubin as the main act for Black Space's first comedy gig, Potashnik said she struggled to find an opener.

"We looked for specifically black female comedians and there's no one that I know that's established in the city and I've looked," she said. "So that's something that I hope that open mics and these initiatives moving forward will develop — young comedians of colour in the city (so) that we can collaborate moving forward."

Lubin has performed in Winnipeg twice before and said he's excited for a third showing in front of an audience craving black comedy. He's opened for big-time talent in the past, like



Gilson Lubin will perform at the Gas Station Arts Centre in Winnipeg Tuesday, April 25, 2017 SUPPLIED

Dave Chappelle and DJ Future the Prince, and he also acts, having previously hosted shows on MTV Canada.

But Lubin said standup is his preferred medium. "I really like standup because you can be bringing in the wrong audience who could be offended," he said.

"Every crowd is an individual handshake ... and even though I have done material that would offend any race — even people that are black sometimes — on



We looked for specifically black female comedians and there's no one that I know that's established in the city. Alexa Potashnik

another day, the same jokes can make them happy. So my approach is just come in with all the material I have and take it from there."

"I love delivering a great time, so that's what I'm about," Lubin said. The Winnipeg Com-

edy Festival is also partnering to present "In The Black."

Potashnik said she approached artistic WCF director Lara Rae (who will be Tuesday's opener) for help broaching the local scene and Rae was "really receptive."

"It's just about giving tools and working with already established initiatives and companies to say, 'Hey, let's diversify and make it more inclusive for people,'" Potashnik said.

In The Black featuring Gilson Lubin and Lara Rae happens Tuesday at the Gas Station Arts Centre. Doors open at 7 p.m., with DJ Jamil Williams spinning before the laughs start at 8 p.m. Tickets are \$25 and available at the door or through Eventbrite.com.

MUSIC

Wooden Sky's new one 'Dune & gloom'



Nigel Moore
For Metro | Winnipeg

Swimming in Strange Waters, the fifth album by Toronto-based folk-rock band the Wooden Sky, is not exactly all doom and gloom, according to frontman Gavin Gardiner.

"It's more Dune and gloom," he laughed. The album title was drawn from a line in science-fiction novelist Frank Herbert's 1965 magnum opus Dune: "Survival is the ability to swim in strange water."

Morden-raised Gardiner fell in love with Dune a couple of years. As a songwriter, he became intrigued by the notion it presented; that time is not linear.

"I'm reading the second book, Dune Messiah. It's amazing, maybe better than Dune," he said. Gardiner admits that the story is dark. "But I think that everybody has felt they're in a dark place at some point in their lives. It certainly feels that way right now; like the world is crashing down around us," he said.

"You can still find glimmers of hope in the kind acts we can do for each other. To me, that's kind of what the album is about."

Gardiner's own acts of kindness include volunteering for Romero House, in Toronto's Junction Triangle neighbourhood. The organization provides housing and services for refugee families when they first arrive in Canada.

"It's been a humbling and eye-opening experience for me, because it sort of personifies the headlines," he said.

The Wooden Sky will appear with Timber Timbre on Sunday, April 30 at the West End Cultural Centre. Tickets are \$22.50.



Wooden Sky. TAKE AIM MEDIA

TELL US YOUR TALE

Metro looking for 30 LGBTTQ stories to celebrate Pride

With Pride Winnipeg turning 30 this year, we want to mark the anniversary by getting to know the diverse members of the LGBTTQ community.

In line with this year's Pride theme, Resurgence — Taking Back Space, we want to make space in our paper to share at least 30 LGBTTQ stories.

Have you been impacted by Pride? Or has someone in the

May 26 - Jun 4

The dates through which the Pride festival will run.

LGBTTQ community inspired you and you want to acknowledge them?

Nominate yourself or some-

one who's making an impact to be featured in Metro's 30 for 30 Pride anniversary feature leading up to the festival May 26-June 4.

Email Jessica Botelho-Urbanski with the subject line "Pride 30 for 30" at jurbanski@metronews.ca or tweet at us at [@MetroWinnipeg](https://twitter.com/MetroWinnipeg) with the hashtag #Pride30.

METRO

IN BRIEF

Architecture/Design Film Festival kicks off in the 'Peg

Winnipeg Architecture Foundation's 6th annual Architecture + Design Film Festival kicks off on May 4 with a diverse lineup and new focus for this year.

The festival, which will hone in on the importance of architecture and design in everyday life this year, will present 30 films from 10 different countries, including three Canadian premieres.

A few of the films are scheduled for May 5 at 8 a.m. at the HTFC Planning & Design office, one of the festival's sponsor organizations.

"This outreach will educate, citizens around the possibilities for great communities," said Monica Giesbrecht, Principal of HTFC Planning & Design. The line-up includes A Poem of Glass and Steel, Bishop Edward King Chapel. METRO

INDIGENOUS AFFAIRS

A toolkit for treaty relations

Creators of a new made-in-Manitoba toolkit are hoping to help municipalities and First Nations understand one another's needs.

The Treaty Land Entitlement Information Toolkit boasts about 21 pages of advice, including answers to frequently asked questions and a draft accord that any municipality and First Nation can use when establishing a working relationship.

"I think on average, the working relationships have always been positive. However, I think it's recognized ... there is constant electoral changeover with elections. And so when you have people that are newly elected to their positions, they may not possess some of the background and understanding about treaties in Manitoba," said Chris Henderson, executive director of the Treaty Land Entitlement Committee of Manitoba (TLEC).

The toolkit comes after members of the Association for Manitoba Municipalities asked for more clarity on treaty topics, said its executive director Joe Masi.

"We wanted to increasingly ask questions and eliminate a lot of myths about urban reserves and land claims," said Masi. "So we think it's a very good toolkit to allow both our members as municipalities and Indigenous communities to have a better understanding of each other's perspective and be able to work together in a practical way."

"We wanted to look at these issues around urban reserves and Treaty Land Entitlement as a positive thing for economic development," he added.

JESSICA BOTELHO-URBANSKI/METRO

It may be slow, but this race is gonna be electric

UNIVERSITY OF MANITOBA

Students head to Motor City for mileage marathon



Jessica Botelho-Urbanski
Metro | Winnipeg

Twenty-four University of Manitoba engineering students were burning the midnight oil this week, building a battery-powered electric vehicle ahead of a road trip to Detroit on Tuesday.

Between finishing up final tweaks, Mikskakakwan James Harper, 22, explained inefficiencies the UMEcoTeam is trying to iron out — from tightening up loose bolts to eliminating wheel resistance and heat loss.

This is the first time U of M will send a team to the Shell Eco-marathon Americas competition, he said.

Once there, competitors try to travel the farthest on a single litre of fuel, going at least 35 kilometres per hour.

At last year's Eco-marathon in Asia, the winning battery-electric team from Thailand traveled 507 kilometres on their run. By contrast, an alternative-fuel team from Japan using ethanol clocked 2,040 kilometres.

Harper, a fifth-year engineering student originally from Sturgeon Lake Cree Nation in Alberta, spearheaded the project



Alan Huynh, in the driver's seat, is surrounded by a team of students who have helped craft the vehicle he will drive in Detroit this week in the Shell Eco-marathon. JESSICA BOTELHO-URBANSKI/METRO

after a work placement at Shell.

He said he was surprised by how much interest there was from fellow students.

"Our team is very diversified and it definitely caters to a brand-new area of interest, compared to our existing vehicle competition teams here (at U of M)," he said.

"We were already at 20 people in the first month (of September), so that meant to me, 'Wow, there was a gap here that needed to be filled.'"

Alan Huynh, a 20-year-old third-year engineering student, is excited to be the team's driver. He was chosen for the coveted role because he's one of

the smallest in the crew.

"We did a test run yesterday, and I was a bit nervous for that. But now, getting the feel for it — the wheel runs, the throttle and the steering — it's becoming more natural," he said.

Though he's graduating this year, Harper hopes U of M students continue improving on

the project for years to come.

"It's part of a grander vision, a grander theme and a more conscious effort to use engineering skills to create sustainable products," he said. "And to ensure overall that the future of mobility is as environmentally conscious and sustainable as possible."

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Goat yoga just the beginning for a Manitoba petting farm

ANOLA

Enterprise offers active forms of animal therapy



Keila DePape
For Metro | Winnipeg

Imagine a regular yoga class, but with ducks, geese, sheep, chickens, and goats roaming between rows of yoga mats.

Tara McKean, who owns the 10 Acre Woods animal rescue and petting farm in Anola, just a half hour out of Winnipeg, said she shared a video of a "goat yoga" class like that on Facebook "as a joke."

"But then everyone responded saying 'you should do it!'"

So this spring, she did.

Since then, McKean said the community response to goat yoga has been so positive that she's adding new classes, including block therapy and meditation.

She anticipates that stationary classes like these will elicit more jumping from her eight rambunctious baby goats, but for most people, that's more than OK.

"People love it," said McKean. "Everyone in the class laughs and stops to take pictures."

"There's one little instigator that goes haywire and jumps on everyone," says McKean.

Thankfully, the rambunctious baby pygmy goats only weigh about 2.5 pounds.

Many people travel from the city to attend the classes, but McKean says her farm is also an important social hub for the Anola community, population 200.

"Lots of stuff in the community is for kids in Grade 8 and under, so we've been a place for teens," said McKean, who now offers Teen Yoga Fri-



Tara McKean, who owns the 10 Acre Woods animal rescue and petting farm in Anola, is offering "goat yoga" and other active animal therapy classes. CONTRIBUTED/FACEBOOK



day. "They need stuff to do to say out of trouble."

Goats Night Out is another new class at the farm, which will be offered regularly starting May 6.

Attendees will start the night with a relaxing glass of wine, get in a workout with the goats, then finish with a 'freedom fire,' where people

will be invited to write down bottled-up thoughts and toss them to the flames.

McKean calls the goat yoga events a form of animal therapy.

"People with anxiety and depression come to me and say 'Tara, I need animal time,'" said McKean, who offers one-on-one animal therapy for \$50



an hour, and regular classes for \$25 per person.

McKean says with the success of late, she's considering branching out from yoga classes.

"We've been contacted by outdoor groups who want to teach people about the plants," said McKean. "Ninety per cent of the plants in our yard are

edible."

McKean hopes the excitement over goat yoga and extra attention the 10 Acre Woods is getting outlasts the viral video that started it all, adding she has long-term plans for a bed-and-breakfast and grad parties on her pre-retirement to-do list.

"This is my dream come true," she said.

MISSING WOMEN

Families push for hearings to begin

A coalition that represents Manitoba family members says national hearings into missing and murdered Indigenous women must begin soon, despite the uncertainty surrounding the process.

An open letter signed by officials with the Assembly of Manitoba Chiefs and the Manitoba Missing and Murdered Indigenous Women Coalition says the hearings, slated to begin at the end of May, have been long in coming and families are anxious.

"Indigenous families, women and girls cannot afford a 'pause' in your process. We have heard directly from families of (missing and murdered Indigenous women) they are quickly losing hope that your inquiry will actually be relevant to them," states the letter, dated last Wednesday.

"We call on you to, at a minimum, announce in the near future when you, as commissioners, will finally go out and listen to our people."

Inquiry officials announced April 13 that they were postponing a series of regional advisory meetings, which were supposed to help determine what issues should be covered when the formal hearings get underway.

Since then, the Manitoba coalition said there has been no communication. The group is also worried many family members may have a hard time being included in the hearings.

A spokesperson for the inquiry commission said Monday the advisory hearings were put on pause to look at possible changes for the inquiry hearings, and the May start date is still a go.

"The message we received is that we must be flexible and be prepared to change course if need be. This time is an opportunity for us to reflect on our approach for future truth-finding gatherings," Tiar Wilson wrote in an email.

The uncertainty over how families across Canada may be ensured participation in the inquiry has led some indigenous leaders to call for the inquiry to be postponed.

Grand Chief Sheila North Wilson, who represents First Nations in northern Manitoba, said the process so far has been troublesome. "I'm worried that the families ... are losing a little bit of faith in the process because there seem to be some false starts," she said.

THE CANADIAN PRESS

RED RIVER COLLEGE

Student newspaper out of print, but not out of game

Those who hurriedly grabbed an issue of Red River College's (RRC) student newspaper in their dash between classes last week may not have known it was the last time they would ever do so.

The Projector has followed the example of other Canadian post-secondary institutions by stopping their

campus publication's print edition, but they're blazing a trail in how they move forward online.

"It's groundbreaking," said

outgoing editor-in-chief Nolan Kowal. "But the challenge will be to produce good quality content every day."

Starting next fall, staff at

The Projector will release new content online daily, rather than the old bi-weekly format.

"With how fast the industry is moving, it (bi-weekly content) wasn't practical" said Kowal.

James Turner, a journalism instructor at RRC, said students weren't always getting important news fast enough,

using a stabbing at the college's Exchange District Campus in January as an example.

"News is a timely thing—you either get it when it matters or you don't," said Turner. "It was clear this was becoming an issue."

Incoming editor-in-chief Erik Pindera agrees.

KEILA DEPAPE/FOR METRO



News is a timely thing — you either get it when it matters or you don't. James Turner

Wildfires get 'more complex' Aid fund grows to hit \$323M

SAFETY

Emergency experts explain major lessons from disaster



Alex Boyd
Metro | Edmonton

Buried underground on the western shore of Gordon Lake in northern Alberta, the forest fire dubbed "The Beast" lives.

Not that Bernie Schmitte, the forest area manager for Fort McMurray, uses that moniker.

"We don't name our fires after mystical creatures," he said dryly.

His team is now gearing up for a new fire season — and learning from last year.

He is in charge of both forest management and firefighting for an area of boreal forest that starts south of Fort McMurray and stretches up to the Northwest Territories.

His Fort McMurray office is a command centre full of screens that track everything from the location of water bombers and lightning strikes, to the amount of food each camp has in stock.

"Wildfires are becoming larger and more complex and harder to fight," he said, noting his department constantly evolves to keep up.

The Fort McMurray fire drove home lessons about the importance of building relationships between governmental departments, as well as between government and industry, Schmitte said.

"We've learned that sometimes we should do more than just phone calls," he said.



Scott Jennings is a firefighter who has just returned to the Fort McMurray area for the new season. This spring, fire teams are hoping to put lessons learned from last year's disaster to use. JENNIFER FRIESEN/FOR METRO

His department is also rolling out improvements that were in the works before the fire, like adding an extra fire crew, enabling fire watch towers to upload weather automatically and hammering out a new fire management plan for the area.

Still, he said his job is a constant balancing act between public safety and the reality of being located in the heart of the boreal forest.

Kerry Anderson, an Edmonton-based fire research scientist with the Canadian Forest Service said that the Fort Mac fire has "elevated the urgency" of ongoing work to make a better model to predict the behaviour

of large fires.

"Fire is a natural part of the ecosystem," he noted. "The cones of some trees are waiting for a forest fire to come through before they open up and reseed the forest. It's a forest designed to live and breathe fire."

Since fires are a given — and becoming more frequent thanks to climate change — more accurate predictions are a necessity.

Even last year, models predicted above average fire risk thanks to warm temperatures and a lack of precipitation, Anderson said. ("Now does that qualify as a prediction of a catastrophic fire that would burn down Fort McMurray? No it

doesn't," he added.)

Part of the answer may lie in a new American technology called FireTec that was brought to Alberta after the Slave Lake fire in 2011. It uses a super computer to model how fires behave on the landscape. If scientists understand that better they can start introducing defensive measures like fuel breaks, which are gaps in vegetation created to slow a fire down, Anderson said.

It's only been in use here for about a year, but Anderson said scientists hope to use it to study what happened in Fort McMurray last year. The province is expected to release a review of the fire response in May, along

with recommendations. The RCMP is also still at work on its investigation into the cause of the fire, which is still technically burning.

After monitoring the embers through the winter, crews deemed the fire no longer a threat, Schmitte said, but the goal is still 100 per cent extinguishment. So helicopters will soon drop crews at Gordon Lake to dig out the remaining hotspots from the Horse Creek fire (the official name) and extinguish them once and for all.

"We don't say that a fire is extinguished," Schmitte said, "until it's certain that there are no further hot spots."



Kevin Maimann
Metro | Edmonton

Funds from the biggest Canadian Red Cross campaign in history are still rolling out to help Fort McMurray residents a year after wildfires ravaged the city.

The Red Cross gave an update Monday pegging its grand fundraising total at \$323 million, including donations from more than one million Canadians, \$104 million in matching funds from the federal government and \$30 million from the province.

"This became the largest and fastest transfer of emergency financial assistance ever — not just in Canada, but in the world," said Canadian Red Cross CEO Conrad Sauve.

Distribution started early last year with more than 126,000 electronic fund transfers made directly to residents who registered with Red Cross, to cover rent, mortgage, utilities, food, gas and clothing. The charity also financed close to 11,000 plane and bus tickets for residents to get back home.

Sauve said technology made the swift response possible, with thousands of families registering for help online. The Red Cross social media channels surged by more than 6,000 per cent in the days following the evacuation, and 40 volunteers worked full time just to manage those accounts.

Sauve said mental health supports for residents will be a major focus of the charity's work in the region going forward.

VANCOUVER

Sting in tale as World Penguin Day puts focus on plight



Wanyee Li
Metro | Vancouver

Tuesday marks World Penguin Day and while Vancouver is not the natural home of any penguins, the city's aquarium hopes its seven African penguins will charm people enough to save the endangered animals.

The seven birds spend their day eating herring, playing with cat toys, and waddling around the Vancouver Aquarium exhibit.

Each penguin has its own personality, said Kristi Heffron, a senior marine mammal trainer at the aquarium.

"They do like shadows so sometimes we'll do shadows with our hands. There are other times where they'll amuse them-



The Vancouver Aquarium has seven African penguins. The aquarium is hoping the creatures will charm people enough to help save the endangered animals. WANYEE LI/METRO

selves chasing a bug around."

But their cousins in the wild are not so lucky — 95 per cent of the world's penguin population has been decimated in the past two decades, according to the aquarium.

Heffron hopes the aquarium's penguins can convince people to do what they can to help penguins in the wild. The biggest thing people can do is eat sustainably caught seafood, she said.

Wild penguins are monogam-

ous for life and their counterparts at the Vancouver Aquarium are no exception — six of the birds are partnered up, according to Heffron.

This pairing behaviour is not immediately obvious while the penguins are in the exhibit but trainers say it's clear when the animals go to bed.

"At night, you can definitely see a preference. Steveston will like to hang out with Lillooet and vice versa," said Heffron.

The penguins, who are named after B.C. places, wear coloured bands to help trainers ID them.

The seventh penguin, Hope, does not have a partner but seems especially interested in humans, said Heffron.

"She doesn't seem to mind that the other birds are paired up. She'll see us and run over to us to hang out with the trainers."

INDIGENOUS AFFAIRS

Halifax schools could soon acknowledge Mi'kmaq land

The morning ritual for Halifax students may soon be expanded beyond the national anthem, to include a daily reminder that their school sits on traditional Mi'kmaq territory.

A member of the Halifax Regional School Board is proposing that an acknowledgment be read out as part of morning announcements.

Jessica Rose, the board's Mi'kmaq representative, said Monday that the proposal was brought up at a committee meeting last Wednesday with hopes it can be adopted and in place by September. Rose said the gesture may help aboriginal students gain a sense of pride in their heritage.

"I think it's fantastic," she said. "For some of our First Na-

tions students they might not feel comfortable talking about their culture and they might not feel comfortable self-identifying ... so I think this could really help with that."

She said it would likely be a simple statement that could be understood by children of all ages and would be read along with housekeeping announcements and the singing of the national anthem at each school.

Rose said the idea came from a colleague, who saw that the Toronto District School Board had introduced a similar motion last year.

The message, read every morning at that board's roughly 585 schools, recognizes they sit on traditional First Nations territories. THE CANADIAN PRESS

Obama talks leadership

CHICAGO

Full of advice at university talk, but no comment on successor

Former U.S. president Barack Obama used his first public appearance since leaving office to dole out advice to young people on leadership, managing social media and even marriage. What he didn't do was mention his successor.

At a forum Monday for students at the University of Chicago, adjacent to where his presidential library will stand, Obama talked about his formative experiences as a community organizer and as a young politician running for office in Illinois. But for much of the panel event, he listened.

"Although there are all kinds of issues that I care about and all kinds of issues that I intend to work on, the single most important thing I can do is to help in any way I can to prepare the next generation of leadership to take up the baton and take their own crack at changing



Barack Obama visits with youth leaders at the University of Chicago in his first formal public appearance since leaving office. GETTY IMAGES

the world," Obama said during event, which was invite-only and streamed live online.

He told the hundreds of area students in the audience that his focus after holding the nation's highest office will be civic engagement with young people,

and that he hopes his presidential library, which will stand near the edge of campus, will be part of that mission.

His first public engagement Monday came as President Donald Trump neared his 100-day mark in office. But Obama shied

away from addressing specific policies or his own two terms as president. When it came to current events, like immigration, he stuck to generalities.

He also gave advice.

When a college student panelist asked how to conduct

a project involving interviewing day labourers, Obama told him to ditch the clipboard. When others asked about being young in the age of social media, Obama advised them to limit photos posted online, including being "more circumspect about your selfies."

He also dropped in a marital tidbit, saying it's best to "listen to understand" instead of listening "to respond."

"I learned that in marriage," he said to laughs from the audience. "That'll save you a lot of heartache and grief."

He encouraged students to talk to people who have opposing viewpoints, asking a college Republican panelist to discuss his campus experiences.

Obama said his work as a young organizer, which included meeting with Chicago public housing residents, laid the foundation for his time in office. He said he's been reflecting as he works on a book chronicling his political career.

"This community gave me a lot more than I was able to give in return," he said. "This community taught me that everybody has a story to tell that is important." THE ASSOCIATED PRESS

FRANCE

Old guard rallies against Le Pen

France's established parties are rallying around the man who helped shut them out of the presidential runoff, maverick centrist Emmanuel Macron — an alliance of convenience aimed at keeping far-right Marine Le Pen out of the Elysee Palace.

Support for Macron poured in from the seat of the European Union, as well as German Chancellor Angela Merkel.

European stock markets surged, and France's main index hit its highest level since early 2008, as investors gambled that the rise of populism around the world may have peaked.

For all the paeans to Macron's unifying vision in divided times, it is now up to French voters to decide whether to entrust him with this nuclear-armed nation in the May 7 presidential runoff. Polls consider him the front-runner but that's no guarantee the French will stop Le Pen the way they stopped her father, Jean-Marie Le Pen, from reaching the presidency in 2002.

THE ASSOCIATED PRESS

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INFECTIOUS DISEASE

Malaria vaccine trial in Africa

Three African countries have been chosen to test the world's first malaria vaccine, the World Health Organization announced. Ghana, Kenya and Malawi will pilot the injectable vaccine next year with hundreds of thousands of young children, who have been at highest risk of death.

The vaccine, which has partial effectiveness, has the potential to save tens of thousands of lives if used with existing measures, the WHO regional director for Africa, Dr. Matshidiso Moeti, said. The challenge is whether impoverished countries can

deliver the required four doses of the vaccine for each child.

Malaria remains one of the world's most stubborn health challenges, infecting more than 200 million people every year and killing about half a million, most of them children in Africa.

Kenya, Ghana and Malawi were chosen for the vaccine pilot because all have strong prevention and vaccination programs but continue to have high numbers of malaria cases, WHO said. The countries will deliver the vaccine through their existing vaccination programs. THE ASSOCIATED PRESS



A baby receives a malaria vaccine in Kombewa in western Kenya.

THE ASSOCIATED PRESS FILE

AIRLINES

Lawyer backs viral-video passengers

The woman seen sobbing in a viral video after an American Airlines flight attendant took away her stroller now has a lawyer — the same attorney representing a man dragged off a United Express flight earlier this month.

The Chicago lawyer, Thomas Demetrio, says the flight attendant was "out of control" and nearly hit one of the woman's two children with the stroller.

An American Airlines spokesman said Monday that the company has been in contact with the woman and refunded her tickets and upgraded her to first

class for the rest of her trip to Argentina.

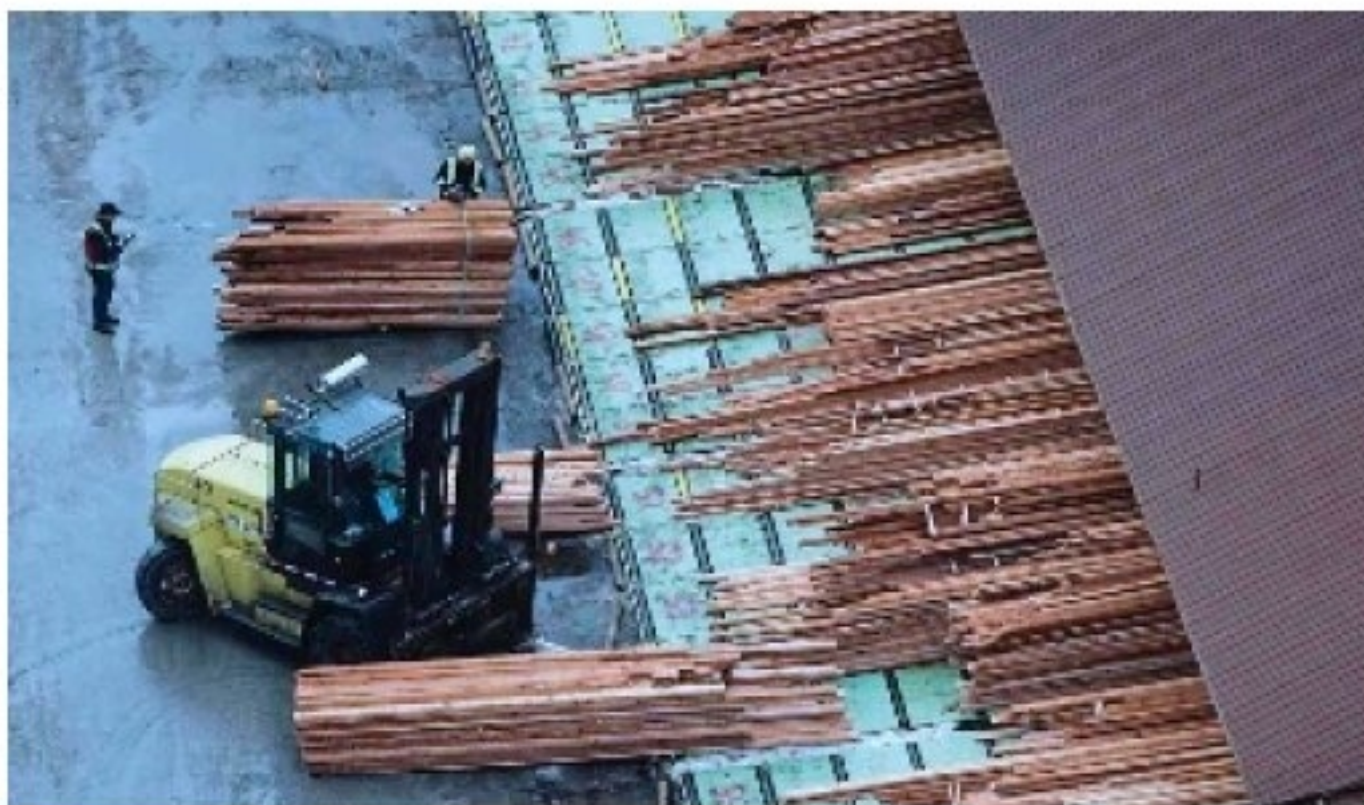
The airline says the woman's double-wide stroller was tagged to be checked as cargo at the door to the plane, but instead she took it into the cabin, leading to the confrontation with the flight attendant.

The airline spokesman said American is still investigating the incident and has grounded the flight attendant. American said in a statement Friday that the scene captured on video "does not reflect our values or how we care for our customers."

The incident before a flight from San Francisco to Dallas came two weeks after airport police in Chicago dragged a passenger off a plane after he refused to give up his seat to make room for an airline employee.

Demetrio said the passenger, a 69-year-old Kentucky physician, plans to file a lawsuit. He said it was too soon to know whether the woman on the American Airlines plane would sue.

"We live in the age of cell-phone video, so corporations have to take heed," Demetrio told NBC-TV. THE ASSOCIATED PRESS



Workers sort and move lumber at the Delta Cedar Sawmill in Delta, B.C., on Friday January 6, 2017. The opening shot in a fifth softwood-lumber war between the United States and Canada came Monday, and policy-makers north of the border are preparing to calculate the potential damage of American duties. THE CANADIAN PRESS

Trump takes first swing in lumber war

SOFTWOOD

U.S. says first batch of duties on wood will be about 20 per cent

The United States has fired the opening shot in the latest softwood-lumber war against Canada, with the Trump administration announcing its first batch of duties on imported wood in the neighbourhood of 20 per cent.

The move was expected: the deep-rooted dispute over lumber pricing between the two countries has led to once-a-decade trade skirmishes over the issue, resulting in American duties, then the inevitable court battles, and ultimately negotiated settlements.

What wasn't expected Monday was the enthusiasm with which the new American administration flung itself into the lumber hostilities, touting its incoming countervailing duties as an example of U.S. President Donald Trump's tough, America-first trade posture.

Trump underscored the impending move by announcing it to a gathering of conservative media on the eve of the expected announcement. Commerce Secretary Wilbur Ross also highlighted it in an interview.

Then came a statement that said U.S. Customs will begin collecting cash deposits from Canadian logging companies because they receive a range of subsidies — most of them around 20 per cent.

What comes after the

countervailing duties is a study of possible anti-dumping duties, followed by a final determination by the U.S. Commerce Department as early as Sept. 7, and one of three possible outcomes: an agreement, a surprise retreat from the U.S. government or potential years-long court battles.

It will all play out amid the backdrop of a bigger trade file: the renegotiation of the North American Free Trade Agreement.

America's lumber lobby applauded the announcement.

"We are pleased with this initial outcome and are looking forward to the (next, anti-dumping) duties expected to be announced June 23," said Zoltan van Heyningen of the U.S. Lumber Coalition.

THE CANADIAN PRESS

#WomenOnBoards

U.S. firm to tackle gender equality



Ryan Tumilty
Metro | Ottawa

An American firm meant to bring more women to corporate boards is expanding into Canada, with the company set to ring the opening bell at the Toronto Stock Exchange Tuesday.

The Boardlist began in Silicon Valley as a website that uses nominations to highlight women who could be available to join a corporate board. The company currently has 1,600 women available, who have been recommended by their industry peers.

Sukhinder Singh Cassidy, the company's founder, said Canada made sense as an expansion hub, not only because it's close, but also because Canadian companies and the government are concerned about representation.

"I am excited to see Canada has had a gender diversity agenda, driven by the prime minister," she said. "It felt like it was a very right market for us to expand into."

The company launched in the U.S. a year and a half ago and has grown steadily.

Cassidy said not having a diverse board can stop companies like tech startups from seeing why they struggle to at-

tract staff.

"These gaps are some of the things that are preventing them from being able to harness the power of the workforce."

She said companies are also seeing a generational change in leadership and realize they have to transform.

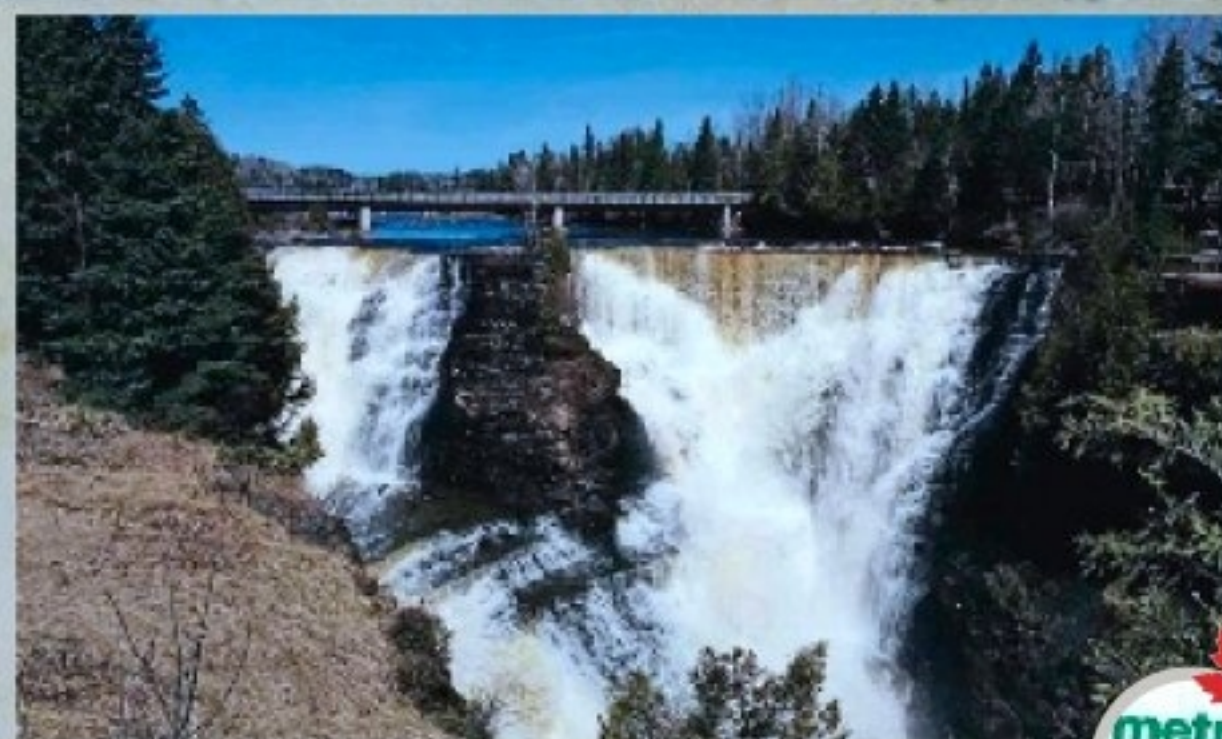
"There is pressure to add new directors and particularly new directors that understand new customer segments like millennials."

She said bringing the company to Canada will expand the pool of qualified women that can serve on boards, and expose qualified Canadians to new opportunities.

150 WAYS of looking at Canada

POSTCARD NO. 84

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I ENJOY VISITING NORTHERN ONTARIO BECAUSE THAT PART OF THE PROVINCE IS STILL QUITE WILD AND PEACEFUL. ZAK PRITCHARD



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BLUEPRINT by David Hains/Metro

Five ways San Fran fixed parking

Everyone hates parking. Drivers can't find spaces when they need them, non-drivers argue it's mismanaged real estate, and despite all the frustration nothing changes. But it doesn't have to be this way. San Francisco tired of the status quo, so they harnessed the power of parking for good with SFpark, a \$40-million program to save the city time, money and grief.

1

To get better data, the city installed sensors in asphalt to see when spaces were empty, and adjusted prices up or down by 25 cents based on demand.

Outcome: The target occupancy is 60 to 80 per cent. With the app, the city hit that goal 31 per cent more frequently than before, and parking was totally full 16 per cent less often.

2

Drivers searching for spaces are a leading cause of congestion, with some studies suggesting they cause as many as half of all traffic jams.

Outcome: By always having spots available, cruising went way down – the average search time decreased by five minutes.

3

Less time circling blocks to find parking means less pollution, congestion, and miles travelled – all good things.

Outcome: Congestion in peak hours declined by 3 per cent, total miles traveled declined by 30 per cent, and so did greenhouse gases emitted by cars.

4

Variable pricing means parking became more costly next to the baseball stadium during games, but more affordable in off-peak times.

Outcome: More spaces were free and the average cost decreased by 4 per cent. At the same time, parking revenue increased, thanks in part to better payment technology.

5

How much more attractive was it for people to shop or dine in the SFpark pilot areas compared to the control group?

Outcome: There was a 30 per cent increase in drivers and passengers in the pilot project area, compared to 9 per cent in the control area.

WORD ON THE STREET by Luke Simcoe for Metro

A toast to the city-building power of craft breweries



Urban renewal is brewing in Pittsburgh, Pa.

I visited the rust belt city recently to bask in the art and architecture on offer, and check out the city's burgeoning craft beer scene.

Throwing back a pint is hardly an unusual vacation activity, but in Steel City, it's where you imbibe that's interesting.

I washed perogies down with a lager made on-site in a former church. I drank a dry cider in the backyard of the house it was fermented

in. And I heard rumours of an excellent saison brewed at what was once a slaughterhouse.

Chatting with locals, I learned these microbreweries are important anchors in their communities. They draw residents and tourists to parts of the city where nightlife was previously absent and make it possible for people to walk to their watering holes. They create jobs and bolster other businesses, like the food trucks you find parked outside.

These benefits may be more pronounced in Pittsburgh, a city still finding its footing after the industrial collapse of the late 20th century, but they're not unique to the city. In Toronto, a bevy of new breweries turned formerly industrial areas in the city's west side into vibrant destinations.

While craft breweries can be a shortcut to urban renewal, they don't happen without good zoning laws. During a trip to Winnipeg in 2016, for example, I learned

zoning rules prevent breweries from operating outside of industrial areas – not exactly patio-ready spots.

Fortunately, the city is now rethinking its regulations with an eye towards inviting would-be brewers downtown.

Adding beer to the menu in cities is just what urbanist thinker Jane Jacobs meant when she said "new ideas need old buildings." And let's be honest, there's few better places than the bar for sharing new ideas.

PUBLIC WORKS The week in urbanism



TORSTAR NEWS SERVICE

BRIGHT IDEA

Kamloops, B.C., is getting a solar road. A new technology in Canada, the road on the Thompson Rivers University campus will have embedded solar panels, turning it into a power plant.

HELPING HAND

New York City's digital info kiosks are now even more helpful. In addition to providing free Wi-Fi and charging stations, the city is rolling out Aunt Bertha, an existing app that connects citizens to the social services they might need.

CITY CHAMP Metro's Citybuilder of the week



Kalen Anderson is the director of the City of Edmonton's planning department. She farms her backyard, promotes transparency in planning and has pushed infill housing to help the city grow and adapt.
@KalenAnderson

URBAN DICTIONARY



DEFINITION

The **setback** of a building is the gap between it and the street, other buildings or whatever may be adjacent.

USE IT IN A SENTENCE

The extra-wide **setback** on the new skyscraper downtown left plenty of space for sidewalks and a decorative fountain.



'I remember choking you'

DOMESTIC ABUSE

Documentary sees ex-couple discuss their violent past

Attiya Khan, sitting across the table from her former boyfriend, asks if he can describe the way he abused her.

"Oh yeah," he says. "That's tough. That never leaves your mind."

Steve — who abused Khan daily for the two years they dated and lived together as teenagers, decades before this meeting — swallows, looks down, shakes his head and then looks back at her.

"I remember choking you. I don't really remember hitting much, but I remember that."

This is one of several pointed questions Khan asks in a consensually-taped conversation that opens *A Better Man*, a dialogue-driven documentary that looks deep into an abusive relationship as it was experienced and continues to linger through the lives of both people involved.

The documentary, co-directed by Khan and filmmaker Lawrence Jackman, will have its world premiere at Toronto's Hot Docs festival on Sunday.

In the film, Khan, 43, and Steve, whose surname is undisclosed, visit the Ottawa apartment they used to share, walk through the halls of their former high school and discuss their past with and without a counsellor present. They recall details of the violence that occurred through-



A Better Man follows Attiya Khan and ex-boyfriend Steve as they discuss their former relationship. Steve abused her when they were teenagers. Sarah Polley is an executive producer on the documentary. CONTRIBUTED



out their relationship.

"There is something so satisfying about being able to tell the person who hurt you what exactly it is they did," Khan said. She says when Steve started being accountable for his behaviour, 20-plus years later, she felt she was finally able to start healing.

"I no longer have nightmares about being hurt. Flashbacks are happening a lot less. I don't anticipate violence wherever I

they find where their lockers used to be — Steve remembers the location, while Khan barely recognizes the hallways. She says she rarely looked up when she was a student, afraid Steve would catch her glancing the wrong way.

Beginning a couple of years after Khan left Steve, the two began bumping into each other in the streets. At one of the more recent encounters a few years

ago, she asked him if he'd speak with her on camera about their relationship, suggesting the insight might be helpful to others experiencing violence.

About half a year later, he reached out. He was ready to try.

Early on, Khan had only planned to have a small role in the film. But she realized it might be tough to find others who would speak about their own violent actions. She wanted to show both sides of the story and have it led by someone who had experienced abuse, so she and Steve became the focus.

"It's not often we hear about people being accountable to those they have harmed."

Khan says that going into the project, she hadn't considered that people who have been violent could work toward living a completely non-violent life.

She says her talks with Steve changed the way she approaches her work as an advocate and counsellor for those who experience domestic violence. She thinks believing people can change can save lives.

"Many people don't want to hear from people who use violence. We hold anger towards people who have hurt others. This is a valid emotion. However, it's okay to care for someone who has used violence."

Both filmmakers say some

scenes will be hard to watch and that it's intentional — they want to show what these discussions look like.

Another main theme in *A Better Man* is how trauma is amplified when no one intervenes.

"Intimate partner violence is not something we feel comfortable talking about or addressing as a society, and people are understandably afraid they'll be hurt if they intervene," Khan says. "But I needed the film to show how isolating and hurtful it was for me when people chose to look the other way."

To stop violence, Khan says, both the violent person and the abused person can benefit from access to resources and support.

"Talking to Attiya is the reason I'm healing," Steve said. "If we hadn't done this, she might know that I'm sorry, but those are just words. I'm hoping that sitting down and doing this is showing her how sorry I am."

Steve told Khan he never abused anyone before his relationship with her. Khan says she hasn't asked him whether or not he's ever used violence against anyone since. She says she knows revisiting their past was hard for Steve too, and thinks he was brave for taking part in the film.

Khan hopes her film makes it in front of policy-makers, and those in the criminal justice system and social services. "We all need to collaborate and invest in resources that provide a whole range of options for people who have experienced violence to find justice, support and healing. One path towards justice isn't enough." TORSTAR NEWS SERVICE

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Not every woman is able to 'lean in'

NEW BOOK

Sandberg sees shortcomings of her previous career advice

Though perhaps best known as Facebook's No. 2 executive, Sheryl Sandberg is also a mentor, mother, billionaire and author. When her husband Dave Goldberg died suddenly in 2015 while they were vacationing in Mexico, "widow" was added to the list.

"The grief felt like a void, like it was sucking me in and pushing on me, pulling me in and I couldn't even see or breathe," she said. "People who have been through things like this told me it gets better. And I really didn't believe them.... I want other people going through things to believe it does get better."

Her new book, *Option B: Facing Adversity, Building Resilience and Finding Joy*, written with psychologist Adam Grant, chronicles the devastating loss, her grief and how she emerged from it with a new perspective



In *Option B*, Facebook exec Sheryl Sandberg recounts the grief she experienced after the death of her husband. She advises on how to come back stronger, with support. GETTY IMAGES

on life. A humbled follow-up to her first book, *Lean In*, it's also a how-to, describing techniques for building strength and resilience and ways to support those going through hard times.

Sandberg also uses the new book to address what she now

sees as shortcomings in the career advice she offered women in *Lean In*. Surveying the world as a wealthy corporate executive rendered her oblivious to circumstances faced by less fortunate women, she acknowledged. Not everyone can lean

in; not everyone wants to.

The most affecting parts of the book recount not just Sandberg's grief, but that of her children. Arriving at the cemetery for his funeral, they "got out of the car and fell to the ground, unable to take an-

other step. I lay on the grass, holding them as they wailed," unable to protect them from their sorrow.

It did get better, slowly. Sandberg returned to work at Facebook in a haze, unable to summon previous self-confidence.

ed to post on Facebook about her grief, her gratitude toward her friends, and her related tumultuous feelings — for instance, coming to believe she would never again feel real joy.

The change was immediate. Friends, co-workers and strangers began reaching out.

I didn't get how hard it is to succeed at work when you are overwhelmed at home.

Sheryl Sandberg

"I couldn't understand when friends didn't ask me how I was. I felt invisible, as if I was standing in front of them but they couldn't see me," she writes, adding that by staying silent in such situations "we often isolate friends, family and co-workers."

At Facebook, Sandberg has long been an advocate of "bringing your whole self to work," meaning a willingness to share your personal life with co-workers. But this can get tricky when it comes to facing trauma. Sandberg found it difficult.

Then one day, about a month after Goldberg died, she decid-

"I know it almost sounds silly because I certainly work at Facebook and I know what Facebook's mission is," she said. "But experiencing it for myself was a very ... deep experience."

Talking about these things, as difficult as it might be, can be a lifeline. A few weeks after she lost her husband, Sandberg was talking with a friend, making plans for someone to fill in for a father-child activity. Crying, she told the friend: "But I want Dave." He put his arm around her and said: "Option A is not available. So let's just kick the s— out of Option B."

THE ASSOCIATED PRESS

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
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LGBTQ

Caitlyn's candid new book

Caitlyn Jenner opened up Monday about her frank new memoir detailing her now two-year-old transition and the bumps along the way, including her three failed marriages, thoughts of suicide while she was relentlessly pursued by paparazzi, and, finally, freedom to be her true self.

Yes, contrary to the thoughts of many in the trans community, she uses her former name, Bruce, in the book, *"The Secrets of My Life,"* out this week. And, yes, she describes her liberating, below-the-belt gender reassignment surgery — "The Final Surgery" as she calls it — on the very last page, insisting it's the last word for her about that.

And yes, she takes on, briefly, her conservative political views when it comes to President Donald Trump and issues like less government, but not so on issues important to the LGBTQ community as a whole, such as same-sex marriage.

Why go to any of these places to begin with months after her formal coming out interview

with Diane Sawyer on ABC, watched by 17.1 million viewers, then on the cover of *Vanity Fair*, and finally her now-cancelled reality show on Bravo, *"I Am Cait,"* where she went on the road with fellow members of the trans community?

"I needed to pour my heart out on everything," the 67-year-old said. "What I was trying to accomplish is, one, get it all out for myself, so there was no other secrets left, but two, it was the way I dealt with my stuff."

The book, co-written by Buzz Bissinger (he wrote the *Vanity Fair* story), has already brought on bitter, hurt tears from Jenner's third wife, Kris Jenner, whose closet Caitlyn once regularly raided as she stole moments to cross dress while struggling with her gender identity. They are moments, Caitlyn said, that Kris was well aware of before "I made love to her" after the two met in 1990.



Buzz Bissinger (he wrote the *Vanity Fair* story), has already brought on bitter, hurt tears from Jenner's third wife, Kris Jenner, whose closet Caitlyn once regularly raided as she stole moments to cross dress while struggling with her gender identity. They are moments, Caitlyn said, that Kris was well aware of before "I made love to her" after the two met in 1990.

"To be honest with you I haven't even talked to her about it," Jenner said of Kris' reaction to the book.

There were many dark times for the Olympic gold-medal winning decathlete as he went about hiding his gender struggles, including a false start in transitioning in the 1980s.

Jenner took hormones, then balked at that time, but her enlarged breasts did not disappear after the treatments stopped, requiring liposuction as she continued living as a man.

There was one moment in particular, years later, that took Jenner to the ultimate dark place — suicide. The celebrity news site TMZ distributed a photo of a disheveled Jenner emerging from a doctor's office after a procedure to have her trachea shaved so she could appear more like a woman. This was before Diane Sawyer and her formal coming out, and it felt like a painful, forced outing.

"It got to the point where I thought, you know what, I know the easy way out," Jenner said. "I got a gun in the house ..."

"But then the next day I thought, wouldn't that be the stupidest thing you've ever done, to silence your voice? You have the opportunity here to really make a difference, to live your life honestly."

THE ASSOCIATED PRESS



CELEBS ON INSTA MUSK STEPS OUT WITH AMBER HEARD

Both billionaire Elon Musk and actress Amber Heard posted pictures to their Instagram accounts Monday, showing Musk with lipstick on his cheek left behind from a kiss.

Musk wrote that he and Heard, who is filming Aquaman were dining with the film's director James Wan and producer Rob Cowan in Australia. They have also been photographed together zip-lining down under.

Musk has been married three times, twice to British actress Talulah Riley, and has five sons from another previous marriage. Heard and Johnny Depp settled a messy divorce last year.

THE ASSOCIATED PRESS



JOHANNA SCHNELLER WHAT I'M WATCHING

Two minds can create Genius

THE SHOW: Genius, S1, E2 (NatGeo)

THE MOMENT: The meeting of minds

University student Albert Einstein (Johnny Flynn) has met his match: Mileva Maric (Samantha Colley), the only woman in his physics program, and the only person to outscore him in math.

He wins her over by saying the exact thing they both long to hear: "I'm head over heels in love with your mind."

Now, in a scene of perfect contentment, she lounges on the floor in her chemise, a book open in her lap; he lies on his back staring at the ceiling; and they postulate ways that molecules might behave. (Here in the 1890s, they're still theoretical.)

Their eyes meet. She crawls toward him. He takes her in his arms. "Isn't it a miracle?" he breathes. "So many of us, millions and millions. However did we find each other?"

This 10-hour miniseries from producer/director Ron Howard is NatGeo's first foray into



Johnny Flynn and Samantha Colley portray two beautiful minds meeting in Genius. CONTRIBUTED

scripted fare; its free preview, on now, continues just long enough to get you hooked.

Howard has a soft spot for thorny geniuses - Apollo 13, A Beautiful Mind, Frost/Nixon, Rush. He loves celebrating their stubborn individuality, and he hits the motherlode with Einstein (played with his custom-

ary twinkle by Geoffrey Rush when the time jumps to 1930s Germany).

It's especially great that this series gives Maric her place in history. She and Einstein married, had children and divorced. Science disagrees whether she co-developed some of his theories, but this

episode does more than suggest the possibility: It dramatizes the loneliness of genius, and the relief of finding a fellow beautiful mind.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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Maria Sharapova will return to competitive tennis on Wednesday, less than 24 hours after the end of her 15-month suspension for a doping offence

Transition to starting QB 'natural' for Nichols

BLUE BOMBERS

Starting pivot eager to build on success from last year

For the first time in his pro football career, Matt Nichols is heading into a season as a starting quarterback.

The Winnipeg Blue Bombers pivot feels it will be a natural transition from backup to starter.

"Honestly, going into this season feels more normal to me than my last seven seasons have been because from second grade all the way through college, I was always the starting quarterback," Nichols said before he and backup quarterbacks Dominique Davis and Dan LeFevour met fans for an autograph session inside the team store on Monday.

"So this honestly feels more natural to me than coming in as the second or third guy like I have most of my career."

The quarterbacks were also in the city for a three-day mini

camp starting Wednesday.

Nichols, 30, signed a three-year extension with the Bombers in January that takes him through the 2019 CFL season.

He earned the deal after taking over Drew Willy's starting job last year. Winnipeg was 1-4 under Willy and Nichols led them to seven straight victories and a final 11-7 record that was enough to get the club into the playoffs for the first time since 2011.

3,666

The number of yards Nichols passed for in 15 games last season.

The Bombers lost the West Division semifinal to the B.C. Lions, but Nichols posted career highs for touchdowns (18), yards (3,666) and completions (327).

Nichols had joined Winnipeg in a trade with Edmonton in September 2015 after Willy was injured. His tenure with the Eskimos included a broken

leg, torn anterior cruciate ligament and backup duties when starter Mike Reilly was healthy.

The Eastern Washington grad has been working hard to keep the reins and build on last year's success.

"You always feel like you've always worked your hardest, but I can say without a doubt this is the hardest I've worked in an off-season and I'm looking forward to getting going with the guys," he said.

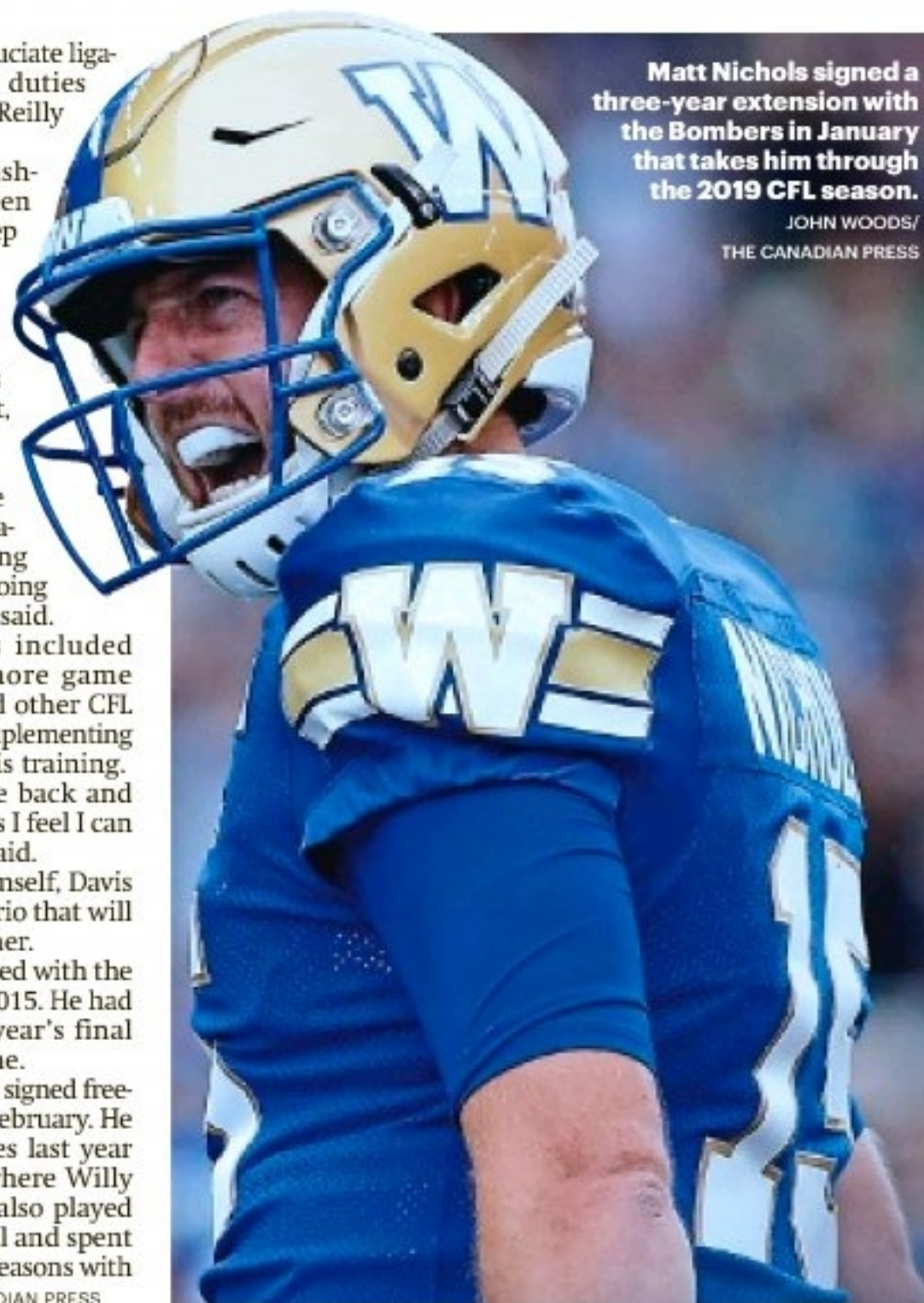
That work has included watching a lot more game film of himself and other CFL quarterbacks and implementing his findings into his training.

"I've really gone back and looked at the things I feel I can get better at," he said.

He also views himself, Davis and LeFevour as a trio that will help push each other.

Davis, 27, re-signed with the team he joined in 2015. He had one start in that year's final regular-season game.

The Bombers also signed free-agent LeFevour in February. He started three games last year with Toronto — where Willy was traded to. He also played 2015 with Montreal and spent the previous three seasons with Hamilton. THE CANADIAN PRESS



Matt Nichols signed a three-year extension with the Bombers in January that takes him through the 2019 CFL season.

JOHN WOODS/
THE CANADIAN PRESS

NBA PLAYOFFS

Raps pin Bucks against the ropes

The Toronto Raptors are within one win of the Eastern Conference semifinals.

Norman Powell scored 25 points, his career high in the post-season, to lead the Raptors to a thrilling 118-93 victory over the Bucks on Monday, sending the Raptors back to Milwaukee with a 3-2 lead in their best-of-seven series.

Six Raptors scored in double figures. Serge Ibaka finished with 19 points, DeMar DeRozan added 18, and Kyle Lowry battled through a sore back to finish with 16 points and 10 assists.

The team's medical staff had worked on Lowry's back before the morning shootaround, then sent him home to rest. It clearly bothered him during the game — when he wasn't on the court, he was lying on his back in front of the bench.

Giannis Antetokounmpo led the Bucks with 30 points and nine rebounds. THE CANADIAN PRESS

GAME 5 In Toronto



"I can say without a doubt this is the hardest I've worked in an off-season and I'm looking forward to getting going with the guys."

Matt Nichols

NFL

Zeke paves way for more RB success

Ezekiel Elliott's immediate impact last season, along with one of the strongest classes in years, have made running backs popular again heading into this week's NFL draft.

After running backs failed to go in the first round in 2013 and '14, LSU's Leonard Fournette, Stanford's Christian McCaffrey and Florida State's Dalvin Cook could be selected on Thursday.

That would mark the first time since 2012 that three backs are selected on the first day.

15

Elliott ran for 15 TDs last season.

"It was a good thing for us coming in right now," Cook said. "Zeke did a great job of catching the ball out of the backfield, protecting Dak (Prescott) at quarterback, and running very well behind a good offensive line."

THE ASSOCIATED PRESS

IN BRIEF

Jimmie Johnson makes it back-to-back victories

Jimmie Johnson has won consecutive races for the 11th time in his career with a rare victory at Bristol Motor Speedway.

Monday's victory was only the second at Thunder Valley in his career. But Johnson was strong enough to contend with Kyle Larson, the points leader and most dominant driver of the day. A speeding penalty on Larson late in the race allowed Johnson to make it look easy in the end.

THE ASSOCIATED PRESS

Leafs-Caps Game 2 was most watched of first round

The first round of the NHL playoffs attracted an average of 1.3 million viewers to Sportsnet and CBC.

Sportsnet says the five series featuring Canadian teams drew an average audience of 1.8 million.

The most-watched game of Round 1 was Game 2 of the Maple Leafs' series against the Capitals, which delivered an average audience of 3.64 million viewers. THE CANADIAN PRESS

NBA PLAYOFFS

Grizzlies pull even despite hot Leonard

Memphis Grizzlies coach David Fizdale sat down behind the microphone after surviving a 110-108 overtime thriller that tied their first-round series with the San Antonio Spurs at two games apiece.

After Marc Gasol hit the game-winning shot with one second to play, the only thing better than the shot to Fizdale was that there wasn't enough time left for Kawhi Leonard to get a chance of his own.

"I'm taking suggestions on



Kawhi Leonard

GETTY IMAGES

how to guard Kawhi Leonard," said Fizdale with a sigh. "I've tried everything. The guy, he's tough. Man, he's a superstar."

Leonard is averaging 32.5 points, 6.5 rebounds and 3.3 assists, shooting 58 per cent from the field. THE ASSOCIATED PRESS

MAKE IT TONIGHT

Non-traditional Sweet Potato and Carrot Latkes



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada



• 1/2 cup grapeseed oil, approx.

Serve with applesauce and chive sour cream

Directions

1. Peel and chop potatoes and carrots. Once you have everything shredded, squeeze any liquid from them.

2. Heat oil in a deep 12-inch non-stick skillet over medium high heat until hot. Working in batches, spoon about 1/8 cup of potato mixture into pan and flatten with a slotted spatula. Reduce heat and cook until golden brown, about 1 1/2 minutes. Flip and cook on the other side. Remove latkes from pan and place on a paper towel to drain.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

These latkes are less traditional but we've had these sweet patties approved by more than one Bubbie.

Ready in 20 minutes

Prep time: 10
Cook time: 10
Serves 4

Ingredients

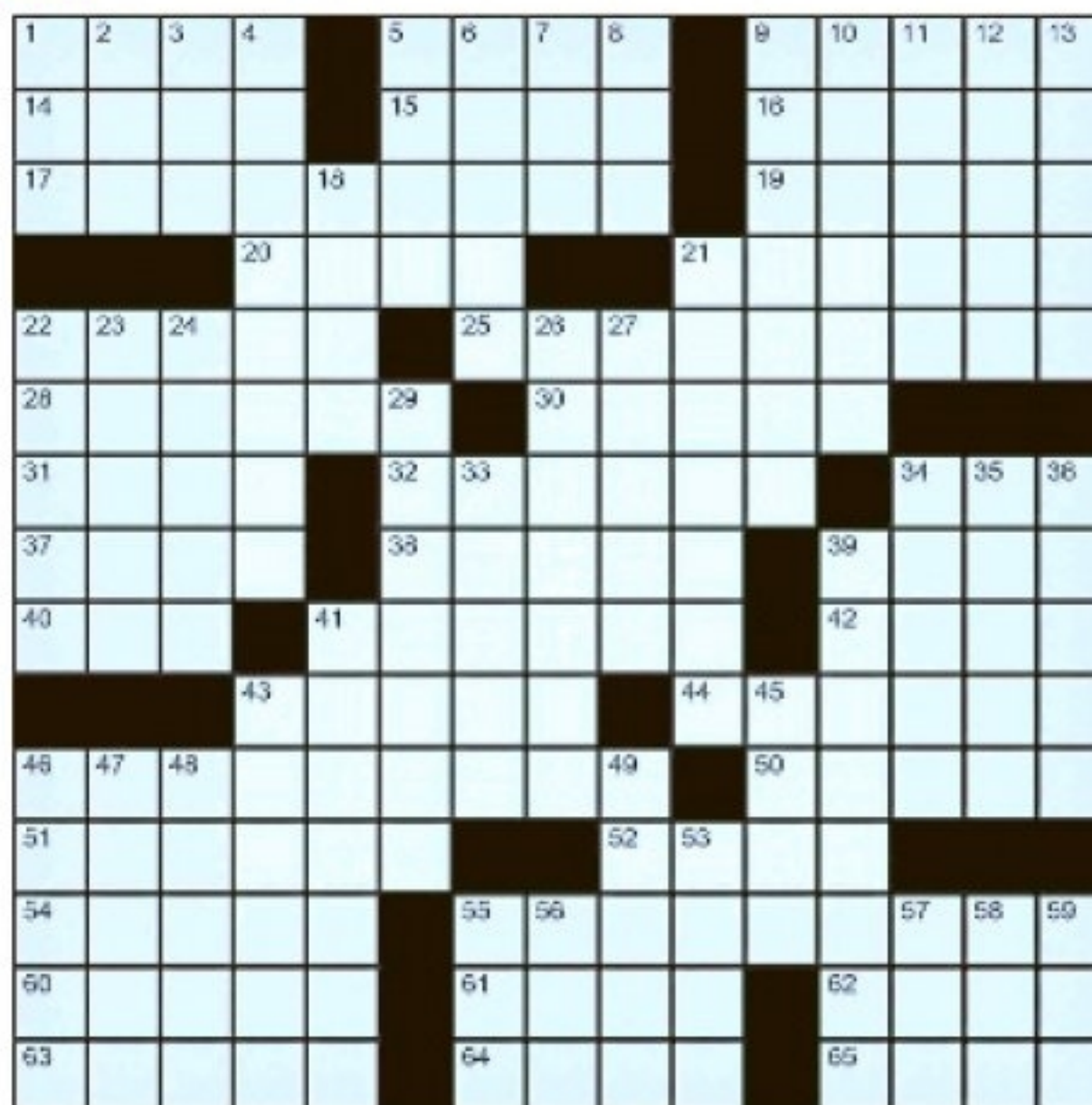
- 2 large sweet potatoes, peeled, shredded and squeezed of all their liquid
- 2 large carrots, peeled and shredded and squeezed of all their liquid
- 1 scallion, finely chopped
- 3 eggs, beaten
- 1/3 cup spelt flour
- 1 tsp salt
- 1 tsp cinnamon

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Ricky Martin's "Livin' La Vida _"
5. Well protected
9. Diamond points in baseball
14. Sci. class
15. Take apart
16. Construe
17. The brightly painted abodes that St. John's is famous for ...first word here, second and third words of answer at #25-Across
19. Indian Ocean arm, _ Sea
20. Pink, in Madrid
21. "King _" by Elvis Presley
22. Garnish atop a plate of spaghetti
25. Continuation of the Newfoundland-themed clue at #17-Across
28. Name dropped by John Melencamp
30. Campus groups, e.g.
31. Hurry
32. Fairylike
34. Discontinuity
37. Without _ (Daringly)
38. Enumerates
39. Sea lettuce
40. Docs
41. Formulate
42. Complain
43. Got word
44. Rubble
46. Saskatchewan: Rural Municipality of _ No. 108
50. Laconically



51. Insight
52. Confine
54. Ms. Blair of acting
55. Showy red flower
60. Stories
61. 'Breath' candy
62. The Kinks hit
63. Nap noisily

64. Lays, in landscaping
65. Competently

DOWN

1. President after JFK
2. Goose, in Quebec City
3. Mil. officer

4. "Okay," 2 wds.
5. Stand-in profs
6. Poet's 'close by'
7. US health-related agcy.
8. Time division
9. Here Comes the Bride! Engage, 1800s-style

10. Farewells, in France
11. Wrestlers of Japan
12. School: French
13. Ecological stages
18. Fitness class with a mat

21. Made a gliding step in ballet
22. "Vamoosel!"
23. Hammer
24. Schemes
26. Out of the lines in sports
27. Legal documents
29. Brush up on
33. Book, in a Quebec library
34. Lady Gaga's "The Edge of _"
35. Be of service
36. Popular garden flower
39. Rainy day implement
41. Expire on Earth
43. Tailor, at times
45. Uptight
46. Rope fibres
47. Atlantic _
48. Void, in Venice
49. _ _ _ The Sunshine Band
53. _ & Sciences
55. Pre-afternoon hrs.
56. "O Sole _"
57. Tennis shot
58. Feeling flush
59. Enunciate

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a powerful day for you. The Moon and Mercury are in your sign, which gives you good fortune and a levelheaded mind for making future plans.

Taurus April 21 - May 21
Behind-the-scenes research will go well today, because you won't overlook details. For you, the job is everything, and you want to get it done.

Gemini May 22 - June 21
Someone older or more experienced will give you excellent advice today. Listen to others, because it will help you — and don't we all need all the help we can get?

Cancer June 22 - July 23
A discussion with a boss or someone in a position of authority will go well today. This person is impressed with you, and the feeling is mutual. Listen to what he or she says.

Leo July 24 - Aug. 23
It's easy to study deep subjects today. This also is an excellent day to make travel plans. Profound discussions about politics, religion and racial issues might also occur.

Virgo Aug. 24 - Sept. 23
Tie up loose ends pertaining to taxes, debt, inheritances and shared property today, because you have the right mindset for doing this. You are focused and will not overlook details.

Libra Sept. 24 - Oct. 23
A discussion with a partner or close friend will focus on practical matters today, because you are in a practical frame of mind. Outline your expectations for how to do something.

Scorpio Oct. 24 - Nov. 22
This is a productive day at work because you are very hands-on and ready to do things. It doesn't matter how mundane or menial the task is — you want to finish the job.

Sagittarius Nov. 23 - Dec. 21
Whether in the arts or in sports, practice makes perfect. Today you are prepared to practice and hone your skills. Good for you.

Capricorn Dec. 22 - Jan. 20
Talk to a family member, especially someone older or more experienced, because he or she will have good advice for you today. Perhaps you want to deal with home repairs?

Aquarius Jan. 21 - Feb. 19
This is an excellent day for planning and discussing future plans with others. You want to take a long-term view of things and plan something you've been thinking about.

Pisces Feb. 20 - March 20
If shopping today, you will want to buy long-lasting, practical items only. Financial security is important today. (No silly or impulse purchases for you!)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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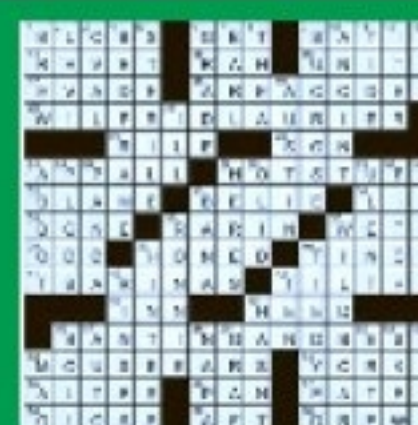
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YESTERDAY'S ANSWERS

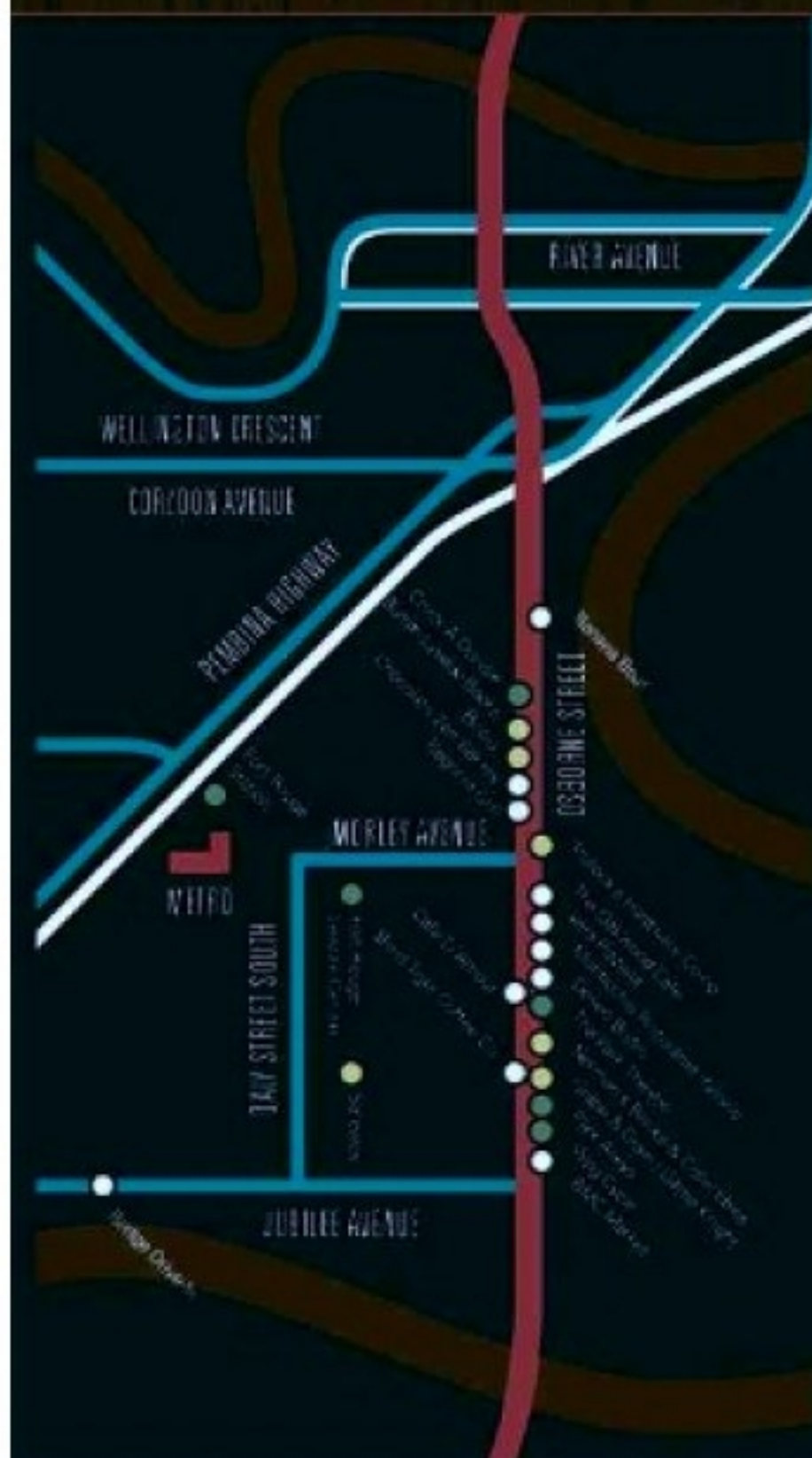
Your daily crossword and Sudoku answers from the play page.

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6	9	2	1	8	4	3	7	5
4	1	7	3	5	9	2	8	6
5	3	8	6	7	2	1	4	9
2	8	5	4	1	6	9	3	7
9	4	1	5	3	7	8	6	2
7	6	3	9	2	8	5	1	4
3	2	6	8	4	5	7	9	1
8	7	4	2	9	1	6	5	3
1	5	9	7	6	3	4	2	8

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